

Module Details	
Module Title	Practice of Physiotherapy in Women's Health
Module Code	PAR7007-C
Academic Year	2021/2
Credits	30
School	School of Allied Health Professions and Midwifery
FHEQ Level	FHEQ Level 7

Contact Hours	
Type	Hours
Lectures	11
Tutorials	1
Laboratories	9
Directed Study	279

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Semester 3

Module Aims
To reflect on and analyse recent advances, knowledge and current physiotherapy practice applicable to women's health in a clinical setting.

Outline Syllabus

1. Critical reflection on antenatal preparation for pregnancy and childbirth including back care, pelvic floor awareness, normal function and dysfunction; coping strategies for labour and musculoskeletal problems associated with pregnancy and childbirth.
2. Postnatal & Antenatal: advanced clinical reasoning in the management of common conditions including: complex pregnancies, preparation for birth, painful perineum, diastasis recti, pelvic girdle pain, post epidural delivery, post-caesarean section and management of stress incontinence.
3. Critical discussion of psychosexual dimensions of women's health and well-being.
4. Continence / pelvic floor dysfunction: application and critical evaluation of appropriate assessment, including vaginal examinations.
- 5.. Critical reflection of appropriate specialised in and out-patient clinics, including: antenatal, obstetric ultrasound, postnatal examination, and gynaecological surgery, outpatient and urodynamic clinics.
6. Critical analysis of the value of appropriate specialist clinics/units including: neonatal special care units, amniocentesis clinic, colposcopy clinic, well-woman clinic.
8. Portfolio planning and critical reflection skills.

Learning Outcomes

Outcome Number	Description
01	1.1. Critically review relevant anatomy, biomechanics, physiology, pathology & psychology in relation to physiotherapeutic management in Women's Health of both simple & complex problems. 1.2 Critically evaluate, determine and implement appropriate physiotherapy management to develop advanced clinical practice related to women's health.
02	2.1 Apply advanced skills related to the assessment and examination of patients with women's health needs. 2.2. Utilise advanced knowledge and clinical reasoning skills to determine the appropriate physiotherapy management in women's health. 2.3. Synthesise knowledge and critically reflect on evidence based physiotherapy practice, applying this to advancing clinical practice in women's health. 2.4. Appraise the role of other healthcare professionals/clinics involved in women's' health in a variety of healthcare settings.
03	3.1.Critically reflect and appraise current practice utilising effective written, verbal communication, teaching skills and the use of information technology. 3.2.Understand and take into account the influence of patients' cultural, religious and socio-economic backgrounds on their health and well-being. 3.3.Employ a holistic and patient-centred approach within the overall physiotherapy management of service users.

Learning, Teaching and Assessment Strategy

All contact hours within the learning and teaching strategy will be scheduled and delivered face to face and on campus. Practical sessions will be delivered face to face and on-campus whilst maintaining current Health and Safety measures related to current guidelines. Lectures will draw together elements of theory to enable the students to apply and develop their clinical practice and professional development. Small group discussions, tutorials and practical workshops will be used to enhance theoretical work and develop advanced clinical reasoning skills (1.1, 1.2, 2.1, 2.2, 3.1) Students will gather evidence of their developing practice to contribute to a professional portfolio and be encouraged to use 'Pebble Pad' as a means to present this (1.1, 1.2, 2.1, 2.3, 3.1). The portfolio of evidence and written synopsis will assess all of the learning outcomes (1.1, 1.2, 2.1, 2.2, 2.3, 2.1). Formative opportunities for feedback will be facilitated and enable by module tutors.

Mode of Assessment			
Type	Method	Description	Weighting
Summative	Coursework - Portfolio/e-portfolio	Portfolio of Evidence supported by a written synopsis (maximum 4,000 words)	100%
Formative		Written feedback will be provided as the portfolio is developed. (1000 words).	N/A

Reading List
To access the reading list for this module, please visit https://bradford.rl.talis.com/index.html

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.

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