

Module Details	
Module Title	Concepts of Health and Wellbeing
Module Code	NUR4013-B
Academic Year	2020/1
Credits	20
School	School of Nursing and Healthcare Leadership
Subject Area	Nursing
FHEQ Level	FHEQ Level 4
Pre-requisites	N/A
Co-requisites	N/A

Contact Hours	
Type	Hours
Laboratories	20
Seminars	34
Lectures	35
Directed Study	111

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Non-Standard Academic Year
MYA	Mid Yorkshire Hospital NHS Trust / Academic Year

Module Aims
<p>This module will develop further your understanding of the bio-psycho-social model of health and wellbeing applied to holistic nursing practice and its impact upon the assessment, planning, implementation and evaluation of care. More detailed sociological and psychological theory will offer a deeper insight into peoples health &amp; social behaviours (patient, family, self and colleagues). You will be introduced to public health, health promotion and safeguarding procedures. You will explore health inequalities and determinants and patterns of health and wellbeing between communities.</p>

## Outline Syllabus

Clinical/direct patient care: Sociological theory relevant to health & social care: Socialisation; class poverty & welfare; families; sick role; culture & racism; work & employment; social exclusion; application to field & those with a learning disability Psychological theory relevant to health and social care contexts: Self-perception, understanding & self-identity; diversity; enhancing quality of life & psychological well-being; social influences & interaction in the healthcare context: psychological influences on how people behave; psychological & social development across the lifespan Utilising problem solving approaches to assessing, planning, implementing and evaluating care needs. Introduction to lived experience of patients, service-users, families and to the service user voice Introduction to public health & epidemiology; health & society - patterning of health & disease; determinants of health; health inequalities; promoting health; community health needs assessment The immune system, immunisation & vaccination Influence of genetics and genomics to health Leadership and collaborative practice: Health service organisation, structure and policy, Influence of local, national & international guidelines Improving quality and developing practice: Literature searching, retrieval & critical appraisal skills Developing self and others: Reflection on how own values, attitudes & beliefs can influence practice. Documentation of professional development in reflective portfolio.

## Learning Outcomes

Outcome Number	Description
1	1.1 Explain the psychological and sociological theory underpinning health behaviour and experiences. 1.2 Discuss the determinants of health, wellbeing and inequalities across populations. 1.3 Identify key principles of health care policy and understand the impact on the health and well-being of individuals. 1.4 Outline the process for undertaking a community health needs assessment.
2	2.1 Recognise the impact of health inequalities on individuals and groups. 2.2 Apply health policy to the health and well-being of service users/carers/family. 2.3 Demonstrate a holistic and structured approach to safeguarding individuals. 2.4 Demonstrate responsibility for own practice within a multi-professional team in promoting healthy lifestyles.
3	3.1 Demonstrate the ability to retrieve information and literature from a range of electronic data bases and other sources to build knowledge of local communities. 3.2 Examine how own personal values, attitudes and beliefs can influence nursing practice. 3.3 Review professional development and document in reflective portfolio.

## Learning, Teaching and Assessment Strategy

Formative assessment is in the form of a community profile workbook and presentation along with feedback at individual tutorials will facilitate reflection and student self-assessment. All LOs are assessed by mode of assessment 1 & 2

## Mode of Assessment

Type	Method	Description	Length	Weighting
Summative	Coursework	Essay	N/A	100%

## Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

Please note:

*This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.*

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