Thinking Psychologically at Bradford

Module Code: PSY4011-B
Academic Year: 2018-19
Credit Rating: 20
School: School of Social Sciences
Subject Area: Psychology
FHEQ Level: FHEQ Level 4

Pre-requisites:
Co-requisites:

Contact Hours

<table>
<thead>
<tr>
<th>Type</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Lectures</td>
<td>20</td>
</tr>
<tr>
<td>Laboratory</td>
<td>12</td>
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<tr>
<td>Directed Study</td>
<td>168</td>
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Availability Periods

<table>
<thead>
<tr>
<th>Occurrence</th>
<th>Location/Period</th>
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<tbody>
<tr>
<td>BDA</td>
<td>University of Bradford / Academic Year (Sept - May)</td>
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Module Aims
This module builds a portfolio of skills which are transferable across your degree and beyond whilst introducing you to the Division of Psychology at Bradford, including the academic staff and their research.

In the skills based elements of this module you will be introduced to practical approaches and theories relevant to the psychology of learning. The module develops skills which are relevant to studying psychology and to employability such as creating action plans, a CV, team working, critically evaluating theories and debating topics in group settings. You will
learn about how to avoid plagiarism and the importance of referencing. Personal
development planning will allow you to continuously reflect and record your achievements.

Interwoven with these key elements will be an introduction to the Psychology team and their
research areas and interests. This will allow you to become more informed about the
Bradford experience and what makes Psychology at Bradford unique. You will also learn
about the different schools of thought and research paradigms present within the broader
research taking place within the Division.

Outline Syllabus
- Learning theories, approaches, practical applications and implications relevant to the
  Psychology of learning.
- Appreciate individual differences in learning strategies.
- Employability, career development and personal development planning.
- Understanding the role of the British Psychological Society in terms of Psychology career
development and future goals for careers.
- Creating action plans to manage time effectively.
- Developing and updating a CV.
- Using personal reflection to identify personal strengths and areas for improvement.
- Using internet resources including literature databases to seek out and apply relevant
  literature.
- Navigating successfully though the University of Bradford virtual learning environment and
  applications.
- Personal Development planning - keeping a record of achievements and linking this with
  personal reflection.
- Understanding the importance of research in terms of knowledge generation and learning.

Module Learning Outcomes
On successful completion of this module, students will be able to...

1. describe and evaluate some general psychological theories and research relevant to
   learning, study, employability and personal development;

10. demonstrate competency in using University IT systems and virtual learning
    environments;

11. use online search engines to search for Psychology literature;

12. use the University library to seek out relevant reading materials;

13. understand the importance of research in academia;

14. appreciate the research strengths and distinctiveness of Psychology at Bradford,
    and understand the research environment at the University of Bradford.

2. understand what plagiarism is and how to reference accurately;

3. apply psychological theories to learning;

4. identify and critically evaluate your own approaches to learning and study;
5. use action plans to manage time effectively;
6. create and update a personal CV;
7. use personal reflection to identify strengths and weaknesses;
8. select and identify appropriate techniques and strategies to improve study skills and personal development planning;
9. reference accurately;

**Learning, Teaching and Assessment Strategy**

Lectures will introduce relevant psychological concepts and academic research and will provide direction for independent reading (LO 1-3). Workshops build upon lecture material and will allow you to apply this directly in creating an action plan, a CV, debating and thinking critically about psychological concepts, learning how to reference and reflect on psychology relevant careers (LO4-8). In workshops you will work in small groups to encourage collaborative learning.

**Mode of Assessment**

<table>
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<tr>
<th>Type</th>
<th>Method</th>
<th>Description</th>
<th>Length</th>
<th>Weighting</th>
<th>Final Assess'</th>
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<tr>
<td>Summative</td>
<td>Coursework</td>
<td>You will create an action plan demonstrating how you will plan and prepare for coursework and revision - Semester 1</td>
<td>20%</td>
<td>No</td>
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<tr>
<td>Summative</td>
<td>Coursework</td>
<td>Employability account. You will relate the skills gained to a career aspiration relevant to Psychology.</td>
<td>-1000 words</td>
<td>30%</td>
<td>No</td>
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<td>Summative</td>
<td>Coursework</td>
<td>Research account. You will create a report suitable for the general public detailing one aspect of research taking</td>
<td>-1000 words</td>
<td>50%</td>
<td>Yes</td>
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Legacy Code (if applicable)

Reading List
To view Reading List, please go to rebus: list.