Physiotherapy Management of Peripheral Joint Dysfunction - Lower Limb

Module Code: PAR7003-C
Academic Year: 2018-19
Credit Rating: 30
School: School of Allied Health Professions and Midwifery
Subject Area: Physiotherapy and Rehabilitation
FHEQ Level: FHEQ Level 7 (Masters)

Pre-requisites:
Co-requisites:

Contact Hours

<table>
<thead>
<tr>
<th>Type</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>Lectures</td>
<td>6</td>
</tr>
<tr>
<td>Tutorials</td>
<td>4</td>
</tr>
<tr>
<td>Laboratory</td>
<td>38</td>
</tr>
<tr>
<td>Directed Study</td>
<td>201</td>
</tr>
<tr>
<td>Other (DO NOT USE)</td>
<td>48</td>
</tr>
<tr>
<td>Examinations DO NOT USE</td>
<td>3</td>
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Availability Periods

<table>
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<tr>
<th>Occurrence</th>
<th>Location/Period</th>
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<tbody>
<tr>
<td>BDA</td>
<td>University of Bradford / Semester 2 (Feb - May)</td>
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Module Aims

This module will enable the physiotherapist to reflect on current practice and develop advanced theoretical and practical skills in the management of individuals with lower limb dysfunction.

Outline Syllabus
1. Critical analysis and synthesis of relevant anatomy, pathology, biomechanics & physiological processes underpinning the management of patients with peripheral joint dysfunction and associated soft tissue injuries affecting the lower limb.
2. Advanced clinical reasoning & differentiation skills in relation to the examination and treatment of patients with lower limb dysfunction.
3. Critical evaluation and practical application of advanced manual therapy techniques to the management of patients with hip, knee, ankle and foot dysfunction based on evidence-based physiotherapy practice.
4. Evaluation of theory and practice in relation to the use of a variety of skills including mobilisation techniques, muscle imbalance, the use of exercise therapy, hydrotherapy and electrotherapy.
5. Critical appraisal and reflection on current research and practice in relation to gait analysis and lower limb function and dysfunction.
6. Reflective and effective interpersonal and communication skills, including the use of the Internet for communication & advanced data base searches.

Module Learning Outcomes

On successful completion of this module, students will be able to...

1. Integrate theory & evidence based practice to the management of lower limb dysfunction.

2. a) Apply advanced skills related to the subjective & physical objective examination of the patient with peripheral joint dysfunction affecting the lower limb.
   b) Utilise advanced clinical reasoning & differentiation skills to determine the appropriate physiotherapy diagnosis & management within the bounds of professional autonomy.
   c) Critically evaluate & determine the appropriate physiotherapy management relating to the clinical reasoning process and problem solving.

3. a) Reflect, evaluate & critically appraise current physiotherapy practice.
   b) Recognise the influence of patients cultural, religious and socio economic backgrounds on their health and wellbeing.
   c) Employ a holistic and patient centred approach within the overall physiotherapy management of musculoskeletal joint dysfunction.

Learning, Teaching and Assessment Strategy

Three hours of introductory lectures will introduce the module and the student to the principles of clinical reasoning problem solving and evidence based practice in relation to lower limb dysfunction.

1, 2a, b, c & 3a, b, c) This will be followed by theory/practical sessions which will enable the student to explore and apply theory to practice in relation to lower limb function and dysfunction. 2a, b, c, 3c) The emphasis will be on the development of advanced practical and theoretical skills. 1, 2c, 3a, b, c) Students will have the opportunities to debate current literature pertinent to the lower limb. 2a, b, c) Students will also have the opportunity to undertake formative practical examinations and have the opportunity to receive both peer and academic feedback. 1, 2a, b, c, 3a, b c) Students will undertake a period of clinical practice within their own locality which will include weekly sessions with a mentor in order to facilitate the development of advanced clinical reasoning skills. The assessment for the module is based on the integration of theory and practice in both the open book and
objective structured practical examinations. 1, 2c, 3a) The coursework assessment will further the students critical appraisal skills.

### Mode of Assessment

<table>
<thead>
<tr>
<th>Type</th>
<th>Method</th>
<th>Description</th>
<th>Length</th>
<th>Weighting</th>
<th>Final Assess'</th>
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<tbody>
<tr>
<td>Summative</td>
<td>Examination - practical/laboratory</td>
<td>Objective Structured Practical Examination (1 hour)</td>
<td>1 hour</td>
<td>45%</td>
<td>Yes</td>
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<tr>
<td>Summative</td>
<td>Examination - open book or seen paper</td>
<td>Video analysis - Open Book Patient examination demonstrating Clinical Reasoning (2 hours)</td>
<td>2 hours</td>
<td>35%</td>
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<tr>
<td>Summative</td>
<td>Coursework</td>
<td>Critical appraisal of a research article - 1500 word (max)</td>
<td>0 hours</td>
<td>20%</td>
<td>No</td>
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**Legacy Code (if applicable)**

HP-4025T

**Reading List**

To view Reading List, please go to [rebus:list](#).