Foundations of Nursing Practice

Module Code: NUR4012-B
Academic Year: 2018-19
Credit Rating: 20
School: School of Nursing and Healthcare Leadership
Subject Area: Nursing
FHEQ Level: FHEQ Level 4

Pre-requisites:
Co-requisites:

Contact Hours

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<th>Type</th>
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<tr>
<td>Lectures</td>
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<tr>
<td>Seminar</td>
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<tr>
<td>Laboratory</td>
<td>20</td>
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<td>Directed Study</td>
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Availability Periods

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<tr>
<td>MYA</td>
<td>Mid Yorkshire Hospital NHS Trust / Semester 1 (Sep - Jan)</td>
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<td>BDA</td>
<td>University of Bradford / Non-Standard Academic Year (Jan - Sept)</td>
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Module Aims

This module will introduce you to the biological, psychological and sociological perspectives of nursing care.

You will begin to develop knowledge in the disciplines of anatomy, physiology, pharmacology, psychology and sociology to enable you to gain a fundamental understanding of human processes in health and illness across the age spectrum. This will underpin your ability to make informed assessments of an individual's needs across care settings.
Outline Syllabus
Clinical/direct patient care:
The nature of the therapeutic relationship; development of this through the communication
skills of attending and listening Communication and ethics
Anatomy and physiology of body systems relevant to homeostasis, the cell and cellular
respiration
Integration of the body systems in the maintenance of homeostasis
Changes in physiology and anatomy across the life-span
Introduction to pharmacology (pharmacodynamics, pharmacokinetics);
Introduction to sociological perspectives on health and the individual
Introduction to psychological theories and key aspects of psychology
Introduction to assessment tools and care planning

Leadership and collaborative practice:
Inter-professional team-working in assessment process

Improving quality and developing practice:
Research informed assessment and care planning – ethical principles underpinning evidence
based practice

Module Learning Outcomes
On successful completion of this module, students will be able to...

1  1.1 Identify key concepts of health and illness underpinned by biological principles.
   1.2 Describe normal homeostasis and relate this to the anatomy and physiology of
the body’s systems.
   1.3 Identify fundamental aspects of pharmacology.
   1.4 Discuss how social, health, biological and behavioural sciences influence the
physical and mental health of an individual.
   1.5 Describe the process of holistic patient assessment and care planning.

2  2.1 Apply theory of human biology, sociology, psychology, anatomy and physiology
and homeostasis when undertaking nursing assessment of an individual.
   2.2 Apply a systematic approach to nursing assessment.
   2.3 Demonstrate listening and attending skills.
   2.4 Construct a care plan to meet the holistic needs of a patient/service user.

3  3.1 Demonstrate through reflection, professional awareness of the importance of
sharing information appropriately with other professionals.
   3.2 Appraise professional and ethical decision making in care delivery using
relevant supporting literature.
   3.3 Evaluate own listening and attending skills when communicating with
patients/service users and impact upon patient experience.

Learning, Teaching and Assessment Strategy
This module adopts a range of learning and teaching activities to facilitate your learning.
Research informed key lectures will deliver core content; providing students with the
opportunity to acquire knowledge and develop conceptual understanding (LO 1.1, 1.2, 1.3,
3.2). PBL and TBL will be used alongside seminars and group learning to facilitate
conceptual understanding and inform your acquisition of skills (LO 1.1, 1.2, 1.3, 1.4, 1.5,
2.1, 2.2, 2.3, 3.1). Directed study will provide you with the opportunity to undertake
reading, participate in enquiry based learning, address individual learning needs and contextualise learning to your field of practice (LO 1.1, 1.2, 1.3, 2.1, 2.2, 3.1). Field-specific application of core concepts and skills will be through field-specific seminars (LO 1.2, 1.3, 2.1, 2.4, 3.2) VLE will be used to provide access to online resources, lecture notes & external links to websites of interest. Clinical skills sessions will be utilised for you to gain practical competence and develop your communication skills (LO 1.3, 2.2, 3.3). Formative assessment and feedback will be provided at group and individual tutorials, through simulated practice and will facilitate reflection and student self-assessment. All LOs will be assessed by mode 1 & 2.

Mode of Assessment

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<th>Description</th>
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Legacy Code (if applicable)

Reading List
To view Reading List, please go to rebus:list.