Module Descriptor

Social Influences on Health and Wellbeing

Module Code: HWS4008-B
Academic Year: 2018-19
Credit Rating: 20
School: School of Nursing and Healthcare Leadership
Subject Area: Health, Well-Being and Social Care
FHEQ Level: FHEQ Level 4

Pre-requisites:
Co-requisites:

Contact Hours

<table>
<thead>
<tr>
<th>Type</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Lectures</td>
<td>24</td>
</tr>
<tr>
<td>Seminar</td>
<td>24</td>
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<tr>
<td>Directed Study</td>
<td>152</td>
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Availability Periods

<table>
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<tr>
<th>Occurrence</th>
<th>Location/Period</th>
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<tbody>
<tr>
<td>BDA</td>
<td>University of Bradford / Semester 1 (Sep - Jan)</td>
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Module Aims

To develop knowledge of sociological determinants which influence the health and wellbeing of individuals in society.

Outline Syllabus

Definitions of health and wellbeing; Social Concepts of health and wellbeing; Introduction to sociological theories linked to health and wellbeing; Medicalisation of health and the sick role; Causes of illness and disease; Personal responsibility; Social determinants of health, poverty, housing, homelessness, employment, unemployment; education; Key influences affecting health: genetics, environmental and occupational health, lifestyle, ethnicity, socio-economic factors and social class and inequalities and policy.
Module Learning Outcomes

On successful completion of this module, students will be able to...

1. **Knowledge & Understanding**
   1a. Demonstrate knowledge of different sociological perspectives of health, wellbeing and quality of life.
   1b. Discuss the importance of social determinants of health and wellbeing influencing health and recognise the role of health and social policy.

2. **Subject-Specific Skills**
   2a. Define the concepts of health, wellbeing and quality of life.
   2b. Identify and discuss significant factors influencing health and wellbeing recognising inequalities and the social determinants of health.

3. **Personal Transferable Skills**
   3a. Use information and data gathered from a range of sources effectively to inform written discussion.

Learning, Teaching and Assessment Strategy

This module will be delivered using research informed teaching with technology enhanced learning, key lectures, tutorials, seminars, directed study, formative feedback and summative assessment. Key lectures will be in large groups and will focus student’s subject specific knowledge in relation to sociological influences on health and wellbeing of the individual (LO 2a, 2b). Use will be made of the VLE to complement learning in the classroom and will provide access to relevant weblinks, podcasts and Twitter feeds (LO 1a, 1b, 2a, 2b 3a). Lectures, seminars, group work and individual tutorials will provide students with the opportunity to enhance their writing skills, practice MCQ questions and enhance their knowledge (LO 1a, 1b. 2a, 2b).

Directed study will enable students to develop and expand their knowledge and analytical skills by undertaking reading of key texts to support preparation for assessment and to access online materials (LO 1a, 1b, 2a, 2b). Online multiple choice questions and a short written assignment assess all learning outcomes

Mode of Assessment

<table>
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<tr>
<th>Type</th>
<th>Method</th>
<th>Description</th>
<th>Length</th>
<th>Weighting</th>
<th>Final Assess'</th>
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<tr>
<td>Summative</td>
<td>Examination - MCQ</td>
<td>Computer based multiple-choice questionnaire relating to learning outcomes</td>
<td>1 hour</td>
<td>50%</td>
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Legacy Code (if applicable)

Reading List
To view Reading List, please go to rebus:list.