



UNIVERSITY OF  
**BRADFORD**  
MAKING KNOWLEDGE WORK™

# Physiotherapy

BSc Hons 3 years full-time





**Dean of the School of Health Studies**  
Shirley Congdon RGN DipN BSc (Hons) MA

**Head of the Division of Physiotherapy  
and Occupational Therapy**  
Dr Pamela Bagley PhD MSc Grad Dip Phys MCSP

**Admissions Tutor**  
Catherine Carus MCSP MSc Grad Dip Phys PGCHPE

**Please address all enquiries to:**  
Recruitment and Admissions Office  
School of Health Studies  
University of Bradford  
Unity Building  
25 Trinity Road  
Bradford  
West Yorkshire  
BD5 0BB

Tel: 01274 236367  
Fax: 01274 236302  
Email: [soh-recruitment@bradford.ac.uk](mailto:soh-recruitment@bradford.ac.uk)  
Web: [www.bradford.ac.uk/health](http://www.bradford.ac.uk/health)



**We can arrange for this material to be transcribed into an accessible format such as Braille, large print, E-text (compatible with screen-reading software) or digital audio such as CD. Please contact the School of Health Studies. Tel: 01274 236367**

The University of Bradford – **Confronting Inequality: Celebrating Diversity™**  
The University of Bradford is committed to promoting equality, diversity and an inclusive and supportive environment for students, staff and others closely associated with the University in conformity with the provisions of its Charter.

*The contents of this publication are correct at the time of printing. The University reserves the right to alter or withdraw courses, services and facilities as described in this booklet without notice and to amend Ordinances, Regulations, fees and charges at any time. Students should enquire as to the up-to-date position when applying for their course of study. Admittance to the University is subject to the requirement that the student complies with the University's admissions procedures and observes the Charter and Statutes and the Ordinances and Regulations of the University.*

Detailed maps of the University campus are available on our website at: [www.bradford.ac.uk/maps](http://www.bradford.ac.uk/maps)

*Pictures on page 8 courtesy of Bradford Council  
Produced by Marketing and Communications, University of Bradford  
Print Production: Inprint and Design, University of Bradford*

735/1,000/07/2010

If you are dialling from outside the UK, please use the code **+44 1274** before the final six-figure number

**General Course Enquiries**

Course Enquiries Office  
Tel: 0800 073 1225  
Minicom: 01274 233685  
Fax: 01274 235585  
Email: [course-enquiries@bradford.ac.uk](mailto:course-enquiries@bradford.ac.uk)

## CONTENTS

BSc (Hons) in Physiotherapy	2
Course Information	3
Clinical Placements, Teaching and Support	4
Our Alumni	5
Entry Requirements	6
The University of Bradford	7
Visit Bradford	8
How To Find Us	9



# BSc (Hons) in Physiotherapy

- Physiotherapists are experts in human movement
- The prime purpose of physiotherapy is to restore and maintain function, activity and independence, and to prevent injury through information and advice on healthy lifestyles
- Physiotherapists work across all healthcare settings and cover a wide range of specialisms often as part of multidisciplinary teams, developing an appreciation of the psychological, cultural and social factors that influence a patient's well being
- Health promotion is an important part of physiotherapy and physiotherapists have an important role to play in improving public health and improving health targets

## Course Information

### Course Length

Our BSc (Hons) Physiotherapy is a three year degree course, which is taught for 32 weeks per year.

### Entry Dates

This course starts in September each year.

### UCAS Codes

The UCAS code for the University of Bradford is **B56**. The UCAS code for BSc (Hons) Physiotherapy is **B160 BSc/Phys**

### Employability

97.5% of our students who graduated in 2008 successfully gained employment, with an additional 2.5% going on to further study.\*

\* *These statistics are derived from annually published data based on those UK domiciled graduates who are available for employment or further study and whose destinations are known.*

### Further Study Opportunities

Following graduation and registration, physiotherapists are expected to continue to develop their knowledge and skills through ongoing Continuing Professional Development (CPD). The School of Health Studies offers a variety of short courses and postgraduate study options (including PG Cert, PG Dip and MSc programmes) which allow physiotherapists to specialise in areas of interest.

To find out more about the opportunities currently available, please visit [www.brad.ac.uk/health/cpd](http://www.brad.ac.uk/health/cpd)

## Why Choose Physiotherapy at Bradford?

### A Unique Experience

The BSc (Hons) Physiotherapy programme at Bradford is well established and commended and is proud of its friendly and supportive atmosphere. There is an excellent level of student support, both for academic and pastoral needs. You will be able to learn and develop your skills through integrated theory and clinical practice sessions.

Studying at Bradford also offers physiotherapists a unique clinical experience. The range of clinical placements that you undertake will allow you to develop an understanding of the ethnic traditions, values and beliefs in delivering care that is responsive to the needs of patients and their families in today's ethnically diverse society.

### Course Funding

If you meet NHS student finance requirements on residency and have lived in the UK or another EU country for the three years immediately prior to starting the course, you will be eligible for funding for your course fees. These do not have to be repaid. If you are an international student, then you will need to pay fees at the current university rate for undergraduate programmes.

UK students are also eligible to apply for a means tested bursary, (and dependents/parent's learning allowance if eligible). Details of eligibility and current bursary rates can be found at [www.nhsbsa.nhs.uk/students](http://www.nhsbsa.nhs.uk/students)

You will also be able to apply for a reduced student loan as a UK degree student on this programme. Please contact the Student Finance England [www.direct.gov.uk/studentfinance](http://www.direct.gov.uk/studentfinance) for details of this. If you choose to take out a student loan, this will need to be repaid, once your earnings are above the stated level.

The University will notify NHS student bursaries if you are accepted onto the course.



The BSc (Hons) Physiotherapy includes both theory and clinical sessions. At the end of the programme, you will be eligible to apply for registration with the Health Professions Council (HPC) and will be eligible for full membership of the Chartered Society of Physiotherapists (CSP).

The first year of the programme is delivered in the University, but in your second and third years you will also be able to experience a range of clinical placements. Approximately one third of your total time on the course will be spent on clinical placement.

## An outline of the BSc (Hons) Physiotherapy is shown below:

(This is currently being reviewed for 2011 entry)

Year 1 (120 credits)		Year 2 (120 credits)		Year 3 (120 credits)	
Semester 1	Semester 2	Semester 1	Semester 2	Semester 1	Semester 2
Musculoskeletal: Lower limb	Musculoskeletal: Upper limb	Management of cardiovascular and respiratory conditions	Clinical practice 1, 2, 3	Research proposal Evidence Based Clinical Guideline	
Interprofessional working within Health and Social Care	Physiotherapy intervention in context (patient assessment and management/ behavioural sciences/women's health/mental health/paediatrics etc)	Musculoskeletal: spine	Elective clinical practice	Clinical practice 4	Interprofessional learning (responsibility accountability in professional practice)
Professional Practice 1: (movement, massage, patient management)	Professional Practice 2: (movement, exercise management, walking aids, electrotherapy)	Rehabilitation of the older person		Physiotherapy reflection in context	Clinical practice 6
Research		Neurosciences		Clinical practice 5	
Physiology		Orientation to clinical practice			

### Academic Facilities

Physiotherapy students currently have access to two well equipped practical rooms at the School of Health Studies.

#### Movement Laboratory

A specialist teaching facility for instruction in movement and exercise studies. Equipment includes a Cybex Isokinetic Dynamometer, a high speed video analysis system, a force platform, electrogoniometry equipment, a variety of EMG systems and a balance performance monitor.

#### Manual Handling Room

A multi-professional room used by all students in the School of Health Studies for the teaching of moving and handling. It houses a variety of beds commonly found in use in clinical settings and specialist lifting equipment.

When the School of Health Studies relocates to the main University campus in 2011, physiotherapy students will be able to benefit from a new state of the art movement laboratory and clinical skills rooms.



# Clinical Placements, Teaching and Support

## Clinical Placements

Clinical placements carry 50% of the degree classification marks and account for a third of the time you will spend studying on the BSc (Hons) in Physiotherapy.

Clinical placements for physiotherapy can be located anywhere in the Yorkshire and Humber region. They will cover a range of clinical settings including hospitals, schools and community venues. We will wherever possible take into account personal circumstances when allocating placements, but this cannot be guaranteed.

You may be eligible for assistance towards costs if it costs you more to travel to your placement than to get to University or if you need to live away to complete your placement. Our Student Support Office will be able to provide further advice on this.

Your first placement will be three weeks long and subsequent placements five weeks in duration. Your elective placement, at the end of your second year will enable you to choose an area of interest, and you may be able to choose to work abroad for this period of study. Throughout your placements you will be supported by clinical mentors and members of University staff.

You will be provided with uniform to wear on your placements, but will need to provide your own footwear. In addition, you will need to provide your own sports clothing to enable you to engage in practical sessions at University.

## Teaching and Assessment

Throughout your studies you will be taught by a team of professional physiotherapists, supported by other staff at the School of Health Studies from a number of different clinical areas. You will be taught in lectures, seminars, tutorials and in small groups.

Modules are assessed using a range of different methods including written examinations, practical assessments, poster presentations and case studies. The assessment of clinical practice takes place in the clinical environment by clinical staff and University tutors.

## Student Support

The School of Health Studies has a dedicated student support office, which provides advice on bursaries, uniforms and travel and financial issues.

As a student at the School of Health Studies, you are also able to access student support facilities available at the main campus. This includes the Disability Service.

The University of Bradford has always encouraged applications from students with disabilities, whose applications are considered on the same academic grounds as are applied to all candidates (subject to occupational health screening for health courses).

If you have a disability, you can contact the Admissions Tutor before you apply to discuss any needs you may have. If you indicate a disability on your UCAS form, you will be invited to discuss your particular requirements and will receive information about our facilities and on the Disabled Students Allowance. For more information, help or advice, please contact the Disability Service.

Tel: **+44 (0)1274 233739**  
Minicom: **+44 (0)1274 235094**  
Fax: **+44 (0)1274 235340**  
Email: **disabilities@bradford.ac.uk**

## How to Apply

Applications for this course should be made through UCAS [www.ucas.com](http://www.ucas.com)

The UCAS code for the University of Bradford is **B56**.

The UCAS code for our BSc Hons course in Physiotherapy is **B160 BSc/Phys**.

Late applications – the situation regarding late applications (after 15th Jan) varies each year. Please contact us for details.



“ I was particularly attracted by the structure of the course, combining academic work with such a great variety of placements, which also form part of your assessment. ”

Mehreen Rafique – BSc (Hons) Physiotherapy

## Paul Rennie

### BSc (Hons) Physiotherapy

After leaving school, Paul spent nine years in the Army, before working as a Development Manager for Coca-Cola and Schweppes Beverages for a further year.

Paul had had physiotherapy during his time in the Army and this sparked his interest in joining the profession, combined with the diversity of practice and autonomy as a clinician in this role.

He applied to a number of universities to study physiotherapy, but decided to study at Bradford as he was impressed with the friendly and supportive atmosphere.

“The cost of living in Bradford was also a positive for me,” said Paul, “as I was able to complete my degree without a huge student debt.”

“I’d already had quite extensive life experience before coming to Bradford, but I learnt so much from my lecturers and also the other students on the course. Everyone was very approachable and was always willing to help. The lecturers were always there for you and really helped you to achieve your potential,” Paul commented.

After completing his course, Paul travelled for three months, before working as a physiotherapist in the NHS for a couple of years.

“After this I decided to return to the Army and have become a physiotherapist in the Royal Army Medical Corps. I’m really enjoying my role and will be starting on a Masters programme shortly.”



# Entry Requirements

We offer two entry routes onto the BSc (Hons) Physiotherapy, one for standard applicants (school and college leavers), and one for non standard (or mature applicants). As well as meeting the entrance requirements below, all applicants need to be able to demonstrate that they have researched physiotherapy as a career and are aware of the scope and diversity of the profession.

## Standard Entry

Our standard offer is:

■ A minimum of seven GCSE passes at Grade C or above to include:

- English Language
- Mathematics
- Biology or Combined Science

AND

- 280 UCAS points in either:
- Three A Levels to include at least one of Biology, Human Biology, Sports Science or PE (but not including General Studies)

OR

- A relevant BTEC qualification

OR

### Irish Leaving Certificate

At least six passes at higher level in one sitting including an A in biology and at least five additional passes at Grade B or above.

OR

### International Baccalaureate

A total of 30 points (to include Grade 6 in biology at higher level).

## Non Standard Entry

We welcome applications from mature students and are happy to consider a range of qualifications for entry, including Access courses and other undergraduate degrees. We would expect to see evidence of recent study over the past two-three years. If you have any questions regarding the suitability of your qualifications, please contact [soh-recruitment@bradford.ac.uk](mailto:soh-recruitment@bradford.ac.uk) or telephone **+44 (0)1274 236367**

## Interviews

Students meeting the academic requirements, who also provide a relevant and informed personal statement will be shortlisted for interview. At the interview, you will be asked to demonstrate motivation and understanding of physiotherapy as a career.

## International Students

We also welcome international students onto this programme. As well as meeting the entrance requirements above, you also need to achieve one of the following English Language qualifications:

- IELTS – an overall band score of 6.5 with no element at less than 5.5
- TOEFL – a score of 550 or 220 in the computer based test or 83 in the internet based test

## Occupational Health

In addition to meeting the academic entrance requirements, all places are offered subject to satisfactory occupational health screening. This will involve completing an occupational health questionnaire and possible attendance at a medical appointment.

As physiotherapy is a physically demanding profession, progress on the course is dependent on your continued fitness.

## Criminal Record Bureau Disclosure

All places are also offered subject to a satisfactory Criminal Records Bureau (CRB) disclosure. This is due to the fact that you may be required to work with children or vulnerable adults on your clinical placement, and will need to demonstrate that you can safely work with these groups on registration.

## References

You will be asked to submit a reference on your UCAS form. If you are studying or have recently studied at a school or college, this is usually from your personal or subject tutor. In addition, we ask you to provide contact details for a second referee. This could be a second academic referee or an employer. References cannot be accepted from friends and relatives.





The University of Bradford has strong roots. It was granted its Royal Charter in 1966 (making it one of the old universities), but its origins date back to 1882 with the inauguration of Bradford Technical College. In 1996, Bradford and Airedale School of Health became integrated into the University, which is now the School of Health Studies. The School of Health Studies is currently located on its own campus on Trinity Road, but will be relocating to the main University campus in summer 2011.

## Library and Computer Centre

The main University library and computer centre are based in the JB Priestley building on the main University campus. Dedicated facilities are also available at the School of Health Studies.

The University has an extensive wireless network which covers all its major buildings.

## Accommodation

Student accommodation is cheaper, easier to find and more conveniently located in Bradford than in many other university cities.

All first year students are guaranteed a place in University or University nominated halls of residence if required in a single study bedroom with self catering facilities. The University is currently building a sustainable student village (due to be complete for 2011) which will offer a wider range of accommodation options.

Further information can be found at [www.bradford.ac.uk/accommodation](http://www.bradford.ac.uk/accommodation)

A wide range of private student accommodation is available, please contact [www.unipol.org.uk](http://www.unipol.org.uk) for more details.

## Facilities

There are a wide range of student facilities available, including the following:

### Student Union

The Student Union is at the heart of many student activities. It runs over 80 clubs and societies, as well as retail and social facilities and organises a range of social activities. From 2010, many of these will be located in the refurbished Communal building. The Student Union also campaigns on issues affecting students in Bradford and further afield, and you are encouraged to vote for sabbatical officers to represent you.

### Unique: Fitness and Lifestyle

Unique: Fitness and Lifestyle is the University's new sports and leisure centre. It features a new gym, a variety of exercise classes, a climbing wall and a heated indoor 25 metre swimming pool.

### The Arts on Campus

The University has its own theatre "The Theatre in the Mill", music centre "Tasmin Little Music Centre" and art gallery "Gallery II". These facilities give students the chance to get involved in the arts, and also feature work from other artists.

### Student Support

The University has excellent health and welfare support including:

- Disability service
- Counselling
- Health service and GPs surgery
- Nursery for children between six months and five years

We also have a dedicated student support office at the School of Health Studies.

# Visit Bradford

## Open Days and Visits

The University of Bradford offers a number of opportunities for prospective students and their families/school and college groups to visit the University and to meet existing staff and students.

The University holds regular Open Days, please check [www.bradford.ac.uk/penday](http://www.bradford.ac.uk/penday) for details of forthcoming dates.

In addition, the School of Health Studies offers individual visits by prior arrangement.

We can also accommodate visits by school and college groups to the School by appointment, and are happy to come and speak at school and college careers sessions or events, please contact us on [soh-recruitment@bradford.ac.uk](mailto:soh-recruitment@bradford.ac.uk) with details of your request.

The School of Health Studies runs a range of taster events as part of the University's Compact Scheme. To find out more and for details of forthcoming events, please visit [www.brad.ac.uk/compact](http://www.brad.ac.uk/compact)



## The City of Bradford

Bradford is a friendly, cosmopolitan city and at the same time is one of the most affordable places to live in the country.

Bradford lies right in the middle of the country, with easy links by rail, road and air north to Scotland, west to Manchester and Liverpool, east to Leeds and York and south to London. It is surrounded by some of the most spectacular and picturesque countryside in the UK. The Pennines, Yorkshire Moors, Yorkshire Dales, Lake District and Derbyshire Peak District are all within easy travelling distance.

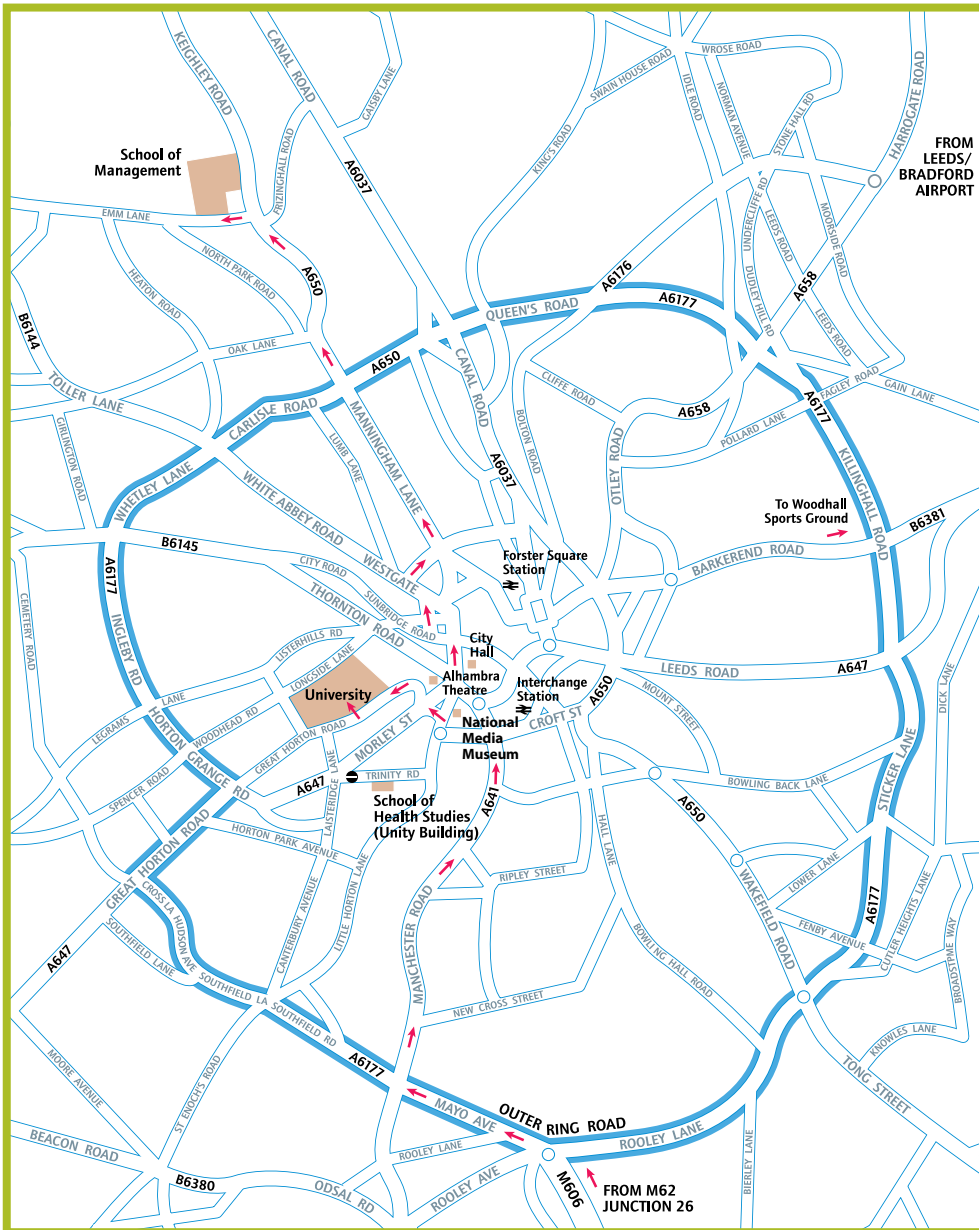
There is certainly plenty to do in Bradford, from visiting the National Media Museum, with its huge IMAX screen, to watching or participating in sport, to going out with friends for a curry. Bradford is famous for the variety of its cuisine and offers a wide range of inexpensive restaurants, cafes and food shops to choose from.

To find out more about what is going on in Bradford, visit [www.visitbradford.com](http://www.visitbradford.com) or [www.bbc.co.uk/bradford](http://www.bbc.co.uk/bradford)



# How To Find Us

[www.bradford.ac.uk/health](http://www.bradford.ac.uk/health)



## How to Find Us

**Coach** - services connect most parts of the country to Bradford's Travel Interchange.

**Rail** - Bradford Interchange and Forster Square stations have extensive rail links, though many involve changing at Leeds. Approximate journey times are:  
 London, King's Cross 3 hours  
 Edinburgh 4 hours  
 Birmingham 3 hours  
 Manchester 1 hour  
 York 1 hour  
 Leeds 20 minutes

There is a free city bus connecting Bradford Travel Interchange, Forster Square station and Centenary Square to the University.

**Road** - Bradford is connected to the national motorway network via the M62 and M606. Approximate distances are:  
 London 200 miles (320 km)  
 Edinburgh 200 miles (320 km)  
 Birmingham 120 miles (192 km)  
 Bristol 220 miles (352 km)  
 Manchester 35 miles (56 km)  
 Newcastle 95 miles (152 km)  
 York 33 miles (53 km)  
 Leeds 8 miles (13 km)

**Air** - There are direct regular air services into Leeds/Bradford International Airport, 7 miles (11 km) from the University, from various cities around the UK and Ireland as well as from Amsterdam and other European locations. You can get from the Airport to the University by bus or taxi. Many internal and international flights can also be made into Manchester Airport, 50 miles (80 km) south-west of Bradford.



