UNIVERSITY of BRADFORD

Module Details

Module Title	Attachment Theory in Practice
Module Code	SOW4011-B
Academic Year	2023/4
Credits	20
School	School of Social Sciences
FHEQ Level	FHEQ Level 4

Contact Hours

Type	Hours
Lectures	28
Seminars	5
Directed Study	167

Availability

Occurrence	Location / Period
BDA	University of Bradford / Semester 2

Module Aims

To develop your knowledge of attachment theory and its relevance to work with children, young people and families in a variety of practice settings.

Outline Syllabus

Relevance of attachment theory to working with children, young people and families; childhood attachment; adult attachment; evolutionary, cultural and historical perspectives; attachment styles; assessing patterns of attachment; internal working models; how to strengthen attachment relations; attachment-based policy; implications for practice; impacts in childhood and adolescence; impacts through the lifespan; attachment and neuropsychology; attachment-based interventions; drawing on attachment theory to create containing and holding environments.

Learning Outcomes

Outcome Number	Description
01	Explain key concepts and principles associated with attachment theory, showing awareness of its evolution and cultural/historical relevance.
02	Distinguish different perspectives on attachment theory, including those stemming from neuroscience, psychology and social policy, and the different methods or evidence they draw upon.
03	Identify and evaluate relevant approaches for assessing different attachment types, promoting positive attachments and supporting individuals when difficulties in attachment are present.
04	Assess how or to what extent current policy and practice for working with children, young people and families are influenced by attachment theory.
05	Understand the significance of child and adult attachment behaviours.
06	Develop and present clear, well-informed arguments in writing, drawing upon relevant academic sources.

Learning, Teaching and Assessment Strategy

The module will be taught through blended learning with a mixture of on-line lectures, seminar groups and group exercises. There here will be a two hour lecture, followed by an hour's seminar. You will work on a portfolio throughout the module, with exercises and case studies presented in teaching sessions. You will be supported to explore how theory and policy is utilised in practice, and will be asked to keep a reflective journal/blog throughout the module. In your journal/blog you will be asked to record your thoughts and reflections on the materials presented in teaching sessions. The module leader will offer formative feedback on journals and portfolio plans in the seminars.
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Guest speakers from relevant agencies and/or professions will also be invited to offer workplace perspectives and to enhance student connections between theoretical and therapeutic approaches.
In your final, 3,000 word portfolio, you will be asked to choose two case studies and making reference to relevant theory, policy and your own reflections from the exercises undertaken throughout the module. In your portfolio, you will need to demonstrate that you have met the learning outcomes for this module.

Mode of Assessment

Type	Method	Description	Weighting
Summative	Coursework	Portfolio (3000 words)	100%

Reading List

To access the reading list for this module, please visit https://bradford.rl.talis.com/index.html

Please note:
This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.